Taft Oil Technology Academy

# E-Colors and Personal Intervention

Educating for Careers Conference 2014
Sacramento, California

## Objectives

- To give a brief introduction to E-Colors.
- To explain our journey with E-Colors.
- To give a brief introduction to Personal Intervention.



## Agenda

- Introductions
- Activity
- E-Colors
- How we have implemented E-Colors
- Activity
- Personal Intervention
- Activity



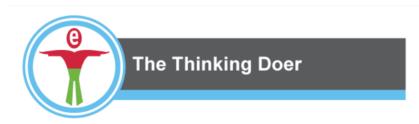
#### Find Out Your E-Color Combination

- Go to <u>www.equilibria.com</u>- it's free!
- You can also download the free E-Colors iPhone app.

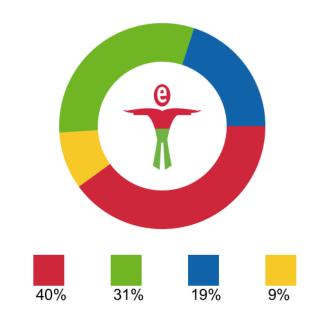


#### Ted's E-Colors: Red/Green

- A creator more than a follower.
- Logical, pragmatic view towards tasks and life.
- Decisive and determined to complete tasks I start.
- I like to make an impact.
- Perceived by others as being focused on tasks.
- Tend to see people as "tools in the box".
- I need to work on my listening skills.



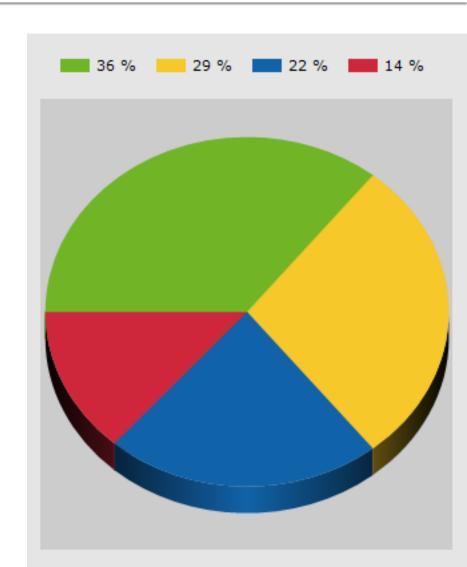
Your E-Colors are RED / GREEN



#### Tim's E-Colors: Green/Yellow



- Very detail oriented.
- Need all the details before getting started.
- Don't like getting asked too many questions at the same time.
- I like things to flow logically.
- Perceived by others as procrastinating.
- Want to fix "people" instead of fixing "things."
- I tend to underestimate the time needed for a task

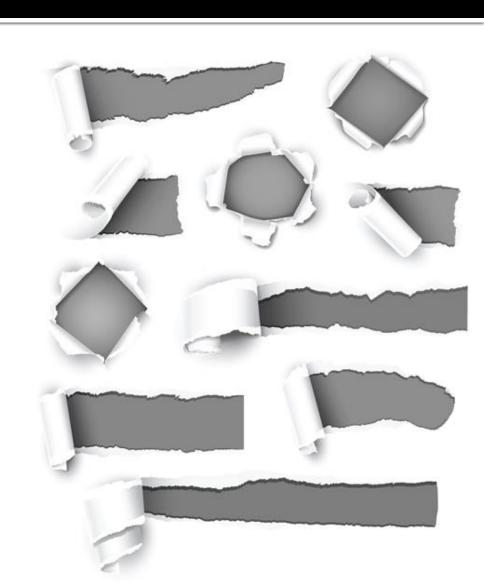


## Communication



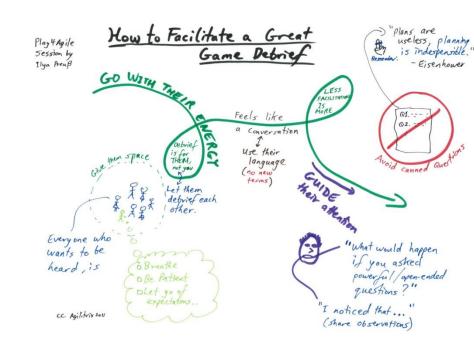
# Paper Tearing

- We need 4 volunteers!
  - A Red
  - A Blue
  - A Green
  - A Yellow

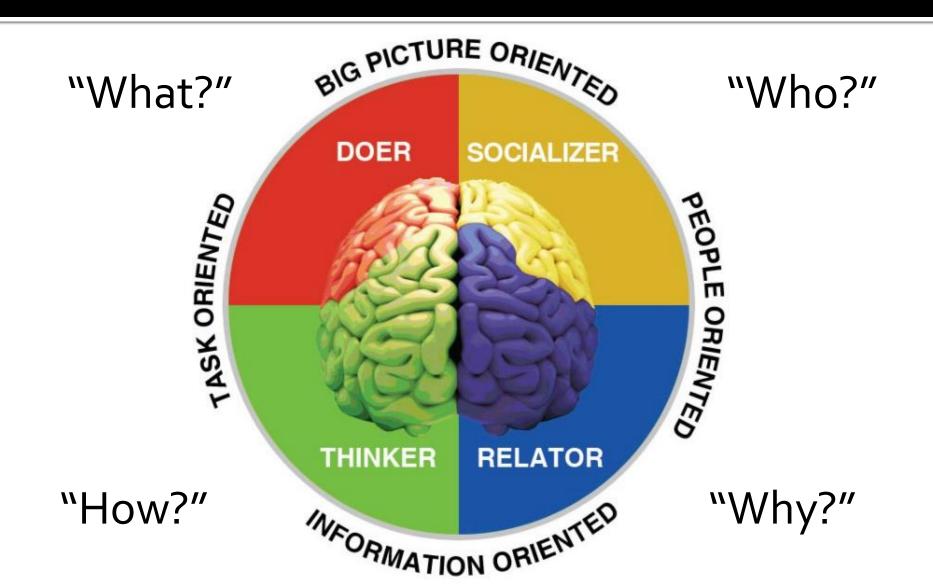


## **Activity Debrief**

- 1. Did you all get the same instructions?
- 2. Who is right?
- 3. Why are there variations?
- 4. Did I mislead you?
- 5. What would help us get the desired result of identical patterns?
- 6. Why didn't anyone ask for more information or clarification?

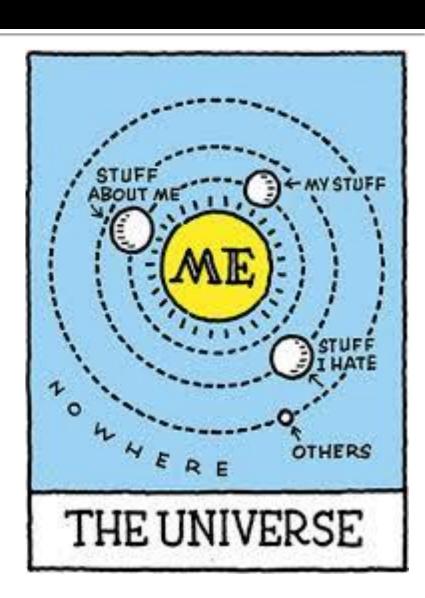


## Four Main Personality Styles



#### We want to satisfy your E-Colors

- What's in it for me?
  - A more efficient learning environment with better communication throughout diverse teams.
    - Your academy team
    - Student teams in the classroom
    - Instructor and student become team members together



# **Reds- the Doing Directors**

- Better results
  - Effective Communication
  - Developed leadership skills- at all levels
  - Personal and Team Development
  - Self-Management



#### Yellows-The Influencing Socializers

- Improved interaction with people
  - Administrators
  - Teachers
  - Students
  - E-Color Champions
  - Parents



## **Blues-Supporting Relators**

- Improved Teamwork
  - People-centered support networks.
  - Increase collaboration
  - Create the right environment for learning
  - Students have a strong desire to be understood.
    - Listen to understand, then seek to be understood



# Greens- Analyzing Thinkers

- Increased communication to get the necessary amount of information.
- Helping them make decisions and complete tasks in a timely manner.



#### How we learn

# Learn the best when:

 They don't get bogged down with detailsjust get a main point and move on.

#### Learn the best when:

 Understand the entire process (all the information) before they get started.



## Learn the best when:

 Engage in social interaction, working cooperatively, and sharing ideas.

## Learn the best when:

 Working individually and independently, collecting a variety of information and views.

## **Implications**

- We tend to teach the way we learn.
  - Can we set up our classroom to maximize the learning for 4 very different personalities?
  - Can we satisfy the needs of each E-Color through our lesson plans?
  - Can we plan activities that allow students to experience teamwork through an understanding of E-Colors?



# E-colors is Industry-led

- Chevron
- Contractors with Chevron.
- D&C uses E-Colors and the iCU Safety
   Observation and Feedback Tracking
   System.





#### **Our Journey**

- At an E-color activity led by E-Color coaches, the question was asked, "What can disrupt learning for you?"
- A red answered "By the teacher talking too much."



#### **Our Journey**

- We saw a way to give our students and teachers a tool or mechanism to:
  - embrace diversity of thought.
  - allow our students to realize their potential.



#### **Our Journey**

- We have had 2 E-Color seminars:
  - January 18, 2013: Introduction to E-Colors
  - November 4-5, 2013: E-Color Foundations and Personal Intervention
- Activities have included the Spy Game and Dracula Hit
- E-Color Student Champions have signed contracts.



## Tim- classroom setting

- Explain seating
  - Make sure that Red/Yellows have a view of the whole situation. They are Big-picture people and want to see it all. So, put them at the back of the room, if sitting in a circle is not possible.
  - Make sure you don't leave the Blue group out as they tend to drift away unless placed in a prominent but supported position.

	1st Period Seating Chart				
		Cynthia Melendrez	<mark>James</mark> <u>Odle</u>	Noah Parsons	
	Madison Borrecco	Alejandro Arguello	Cameron Anderson		
	Ernesto	<u>Gildardo</u>	<u>Kalieb</u>	Diana	Jason
	Moron	Santiago	Williams	Cruz	Jones
	<u>Kaleb</u>	<mark>Sydney</mark>	Marcus	<u>Karissa</u>	Yulisa
	Harlen	Long	<u>Grossbard</u>	Jensen	Martinez
	Gustavo	Zach	Diana	Kylie	Cyerra
	Elizalde	Kolb	Cisneros	Gill	Davis
	<u>Arely</u>	Raven	Maria	Tailor	<u>Chasadee</u>
	Varela	Black	Lopez	Friedrichsen	Sims
Fund					

Front

#### Team Puzzle

 We need 4 teams of 2 people to complete a puzzle.



## **Activity Debrief**

- 1. How did you feel when you discovered that your puzzle was incomplete?
- 2. How does that relate to your workplace?
- 3. Who gave up the piece they didn't need before finding the piece they needed? Why did you do that?
- 4. Who had to convince a team to give you the piece you needed before they found their missing piece? How did you do that?
- 5. Are there times when you need to ask others for help?
- 6. What would happen to the success of the team if members had the attitude of not sharing?
- 7. How can we help others get all the pieces they need?

## Personality and Character

- Personality tends to reflect:
  - Our comfort zone
  - Our tendencies
  - How we react instinctively
- What typically dictates our reactions.

- Character tends to reflect:
  - Our ethics and morals
  - Our commitments and values
  - Our background and beliefs
  - Our awareness and self management of potential limiters
- What typically allows us to respond.

#### **Personal Intervention**

- Allows us to recognize when we are reacting in a manner which could be detrimental or our well-being or the wellbeing of others.
- We can:
  - Learn to self-monitor
  - Change our responses to situations that will result in the prevention of
    - Accidents and injuries
    - Unplanned events
    - Miscommunications and arguments
    - Hurting people's feelings unintentionally





#### Personal Intervention

- Use your "pause" button when you feel yourself about to react in an external and visual way.
  - Research has found that Reds and Yellows are more likely to need a "pause" button than a play button.
- Use your "play" button when you feel yourself about to react in an internal or nonvisual way.
  - Greens and Blues tend to need the "play" button rather than a pause button.



# Yogurt Zone Experience

- Personal intervention in the real world.
- Students coaching each other.

Students debriefing each other.



# Bean Bag in the Box

We need 3 volunteers!



## **Activity Debrief**

- 1. What was the objective?
- 2. Did you meet the Objective? If not, why not?
- 3. What did you experience while doing this activity?
- 4. What did you learn from it?
- 5. From what you learned what could you apply to your workplace?

#### **Presentation Debrief**

- Did we meet the objective?
- What went right?
- How could the presentation been done better?
- What lessons were learned?
- Action Items

## If you want more information

- www.ecolorsineducation.com
- Spring Leadership Institute March 31 to April 1 at Taft Union High School.
- http://www.youtube.com/watch?v=V5pn8CPt
   Uxl&feature=youtu.be